

Ages 6-12 years

2019 GYMNASTICS CAMP for Boys & Girls



Fun. Fitness. Fundamentals.

Camp hours 8AM-5PM | Maximum 30 campers daily
Early drop-off & late pick-up available | Flexible days

Registration Dates:

Tuesday, May 14 -- 11:30am-2pm

Wednesday, May 22 -- 4-7pm

Saturday, June 8 -- 10am-12pm

**July 2 -
August 30**

BROCKVILLE GYMNASTICS ACADEMY



10 Gilmour Street, Brockville, ON | 613.345.3836 | info@brockvillegym.com | www.brockvillegym.com

JULY THEME DAYS

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July 1	July 2	July 3	July 4	July 5
Canada Day (closed)	Balloon Party	Paper Mache Piggy Bank (2 days craft)	Paper Mache Piggy Bank (July 3 continued)	Pizza Party (extra \$6)
July 8	July 9	July 10	July 11	July 12
Beach Day (pick up at park)	Dragonfly Craft	BGA's Got Talent (Talent Show)	Candy Kebobs (extra \$3)	Crazy Hat / Crazy Hair Day
July 15	July 16	July 17	July 18	July 19
Parkour Day	Trampoline with Coach Bill	Crossfit Day	Yoga Day	Acro Day
July 22	July 23	July 24	July 25	July 26
'Just Dance' Game Day	Gym Scavenger Hunt	Make-a-Sundae (extra \$4)	Lighthouse Craft	Gym Obstacle Course
July 29	July 30	July 31	August 1	August 2
Science Week - Various science experiments this week!				

AUGUST THEME DAYS

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August 5	August 6	August 7	August 8	August 9
Civic Holiday (closed)	Tie-Dye T-shirts (bring white tshirt)	Magic Show (extra \$7)	Beach Day (pick up at park)	Pizza Party (extra \$6)
August 12	August 13	August 14	August 15	August 16
'I Am' Necklace Craft	Minute-to-Win-It Game	Hawaiian Dress-up Party	Junkyard Symphony (extra \$7)	Fleece Octopus Craft
August 19	August 20	August 21	August 22	August 23
Butterfly Craft	Pizza Party (extra \$6)	Spa Day	Water Games	Make-a-Sundae (extra \$4)
August 26	August 27	August 28	August 29	August 30
Make a Bracelet Craft	Candy Kebabs (extra \$3)	Halloween Dress-up Day	Sock Puppet Craft	Gan. Mini Putt and Splash Pad Picnic (extra \$12)

PRICES

\$35	One child	Full day
\$55	Two children	Full day
\$75	Three children	Full day
\$8 add-on	Early dropoff	7:30AM*
\$8 add-on	Late pickup	5:30PM*
*both early dropoff and late pickup \$15		
Registration must be made in person; payment must accompany registration; no phone registration or holds until payment is made		

GYMNASTICS CAMP WILL INCLUDE

Warm-up Activity & Stretch
Gymnastics Apparatus (20 minutes each) Uneven Bars, Vault, Beam, Floor, Parallel Bars, Rings, Trampoline and Mini-Trampoline, Foam Pit, Rope Climb
Strength, Flexibility and Conditioning
Afternoon Activity (as listed in the calendar above)
Outdoor Free Play Slackline, Skipping Ropes, Basketball Court, Splash Pad, Sidewalk Chalk, Playground
Various co-operative / team activities and games

CAMP GUIDELINES

Apply sunscreen before entering building. Bring additional sunscreen with name labelled on bottle.
Wear comfortable clothing and outdoor shoes. Bring a light jacket or sweater for cool days.
Bring a bathing suit, hat, and towel inside a plastic bag along with outdoor (or waterproof) shoes for splash pad. Campers are required to wear mesh pinnies in the splash pad.
Bring a substantial lunch in reusable containers, plenty of healthy snacks and drinks along with a water bottle (no glass). BGA is a litter-less lunch facility and garbage from snack/lunches will be sent home with campers.
Change of clothes and swimsuit are recommended
Cancellation must be given 7 days in advance in order to receive a credit for a future date, OR refund less an administration fee of \$20.
A \$15 fee will be applied for duplicate receipts. Please retain for tax purposes.
Gymnastics Ontario fee (\$30) will apply if registering for 6 days or more (valid July 2019-June 2020). GO fee is \$13 for 3-5 days of camp. No GO fee will be applied if registering for less than 3 days.