

POLICIES

Fundraising & Insurance

- We are non profit so we sell lottery tickets to help keep our costs low and purchase equipment. Each family must pay for one book of lottery tickets valued at \$50 at time of registration. Lottery ticket money is yours to keep once you sell them.
- All gymnasts are subject to a \$30 insurance fee through Gymnastics Ontario valid July 1, 2019-June 30, 2020
- Gymnasts residing in the US must pay an additional \$26.50 not included in the price.

Gym Policies

- Parents are not permitted in the gym. Please arrive 5 minutes prior to class start time.
- Payment due at registration. Spots are not held until **full** payment received
- Classes can be cancelled or combined due to lack of sufficient registration.
- Refunds will only be provided within the first 2 weeks of classes. A cancellation fee of \$25 will be applied. Insurance and fundraising fees are non-refundable.
- There will be a \$15 charge for duplicate receipts. Please retain receipts for tax purposes.
- There will be a \$25 charge for NSF cheques.
- No make up classes for snow days (please call ahead to confirm cancellation)
- Bare feet in the gym, no jewelry and long hair must be tied back
- No outdoor footwear allowed in the viewing area
- Please check the white board for important announcements and updates.

WE ALSO OFFER

- Ghoulish Bash Halloween Slumber Party
- Group outings/School Outings
- PA Day Camps
- Private lessons

ASK FOR MORE INFO!

BIRTHDAY PARTIES

CELEBRATE your child's birthday with us!

Gym Only (1 hr) \$95.00 - 1 hour of gymnastics fun, games and activities only.

Party Hardy (2 hrs) \$125.00 - 1 hour of gymnastics fun, games & activities and 1 hour of private use of our party room.

*These costs are for 10 children only. Additional children are \$5.50 each to a maximum of 12

*A \$15 charge will be applied if over the allotted time.

- Once you have booked your party reservation you have 1 week to pay your \$30 deposit to fully reserve your spot.
- Parties book up far in advance - register early to avoid disappointment
- First hour of party is in the gym with coach running activities. Second hour is the use of the party room - only tables and chairs as well as a kitchen counter are provided.

Saturday Afternoons only, Sept- June
1pm, 2:15 and 3:30pm timeslots only

REGISTRATION DATES

Limited spaces in classes. Payment must accompany registration in order to confirm spot (no phone registrations)

- Monday, August 19 to Friday August 23
9am-4pm daily
- Saturday, August 24
9am-noon
- Tuesday, August 27
5pm-7pm
- Week of September 3-6
By appointment only, email to setup

We run 3 sessions from Sept- June (Fall, Winter and Spring). Fall and Winter are 12 weeks in length and Spring is 10 weeks in length. Prices reflect number of classes. Please see reverse for calendar dates.

BROCKVILLE GYMNASTICS ACADEMY

Recreational Schedule

Fall 2019

Session begins week of September 8, 2019



10 Gilmour Street
Brockville, ON
Tel: 613.345.3836

www.brockvillegym.com
info@brockvillegym.com

Recreational Director: Emily Dancy

You & Me (1-3 years)		
	You & Me	30 min \$158
	You & Me II	45 min \$182
Saturday	30 min	8:30-9:00am
Saturday	30 min	9:00-9:30am
Saturday	45 min	9:30-10:15am
Sunday	30 min	8:30-9:00am

Mini & Tiny Tumblers (2.5-3.5 & 4-5 years)			
1 hour \$230 1.5 hour \$266 Drop-in \$5			
Monday	3-5 years	1 hour	4:00-5:00pm
Monday	3-5 years	1 hour	5:00-6:00pm
Monday	3-5 years	1 hour	4:30-5:30pm
Monday	4-5 years	1.5 hr (advanced)	5:30-7:00pm
Tuesday	7mo-1.5yr	1 hour (drop-in)	9:30-10:30am
Tuesday	2-3 years	1 hour (drop-in)	10:45-11:45am
Tuesday	3-5 years	1 hour	4:00-5:00pm
Wednesday	3-5 years	1 hour	4:00-5:00pm
Wednesday	3-5 years	1 hour	5:00-6:00pm
Wednesday	3-5 years	1 hour	4:30-5:30pm
Thursday	3-5 years	1 hour	4:00-5:00pm
Saturday	3-5 years	1 hour	10:15-11:15am
Saturday	3-5 years	1 hour	11:15-12:15pm
Saturday	4-5 years	1.5 hr (advanced)	9:45-11:15am

Mini Elites (4-6 years)		
2 hours \$326		
Wednesday	By invite only	4:00-6:00pm

Junior Girls (5-6 years)		
1.5 hours \$266		
Wednesday	5-6 years	5:00-6:30pm

You & Me (1-3 years)

Our You & Me program enables you to learn, laugh and play with your child in a unique and safe environment. One parent or caregiver must participate with the child. This program is designed to improve physical and social development. We also have a [Movers and Shakers Playschool](#) class available.

You & Me II (2.5-3 years)

This class involves structured activity. One parent or caregiver must participate with the child. This program is designed to improve physical and social development to prepare for the Mini Tumblers program.

Mini & Tiny Tumblers (2.5-5 years) , Boys Tiny Tumblers (5-6 years)

Our mini and tiny tumbler programs are filled with structured activities and games involving basic gymnastics skills.

Adv. Tiny Tumblers (4.5-5.5 years)

This class is filled with structured activities and games involving more advanced gymnastics skills than the Tiny Tumblers program. It is encouraged that gymnasts have experience with the TT program.

Mini-Elites (4-6 years, by invite only)

This class focuses on more fundamental advanced skills than the Tiny Tumblers Program. Gymnasts have shown a high level of potential and will work on essential skills with a bigger focus on strength (upper/lower body, core), flexibility, landings, and balance.

Drop-in Class (7mo-3 years)

A non-commitment program where you and your children learn, laugh and play in a unique and safe environment.

Girls Tumblers (6 and up)			
1.5 hour \$266 2 hour \$326 (advanced class)			
Monday	6-8 years	1.5 hour	4:30-6:00pm
Monday	6-8 years	1.5 hour	5:30-7:00pm
Monday	6-8 years	1.5 hour	6:00-7:30pm
Monday	9 and up	1.5 hour	5:30-7:00pm
Monday	9 and up	1.5 hour	7:00-8:30pm
Wednesday	8 and up	2 hours (advanced)	6:00-8:00pm
Wednesday	6-8 years	1.5 hour	5:30-7:00pm
Wednesday	6-8 years	1.5 hour	6:00-7:30pm
Wednesday	9 and up	1.5 hour	7:00-8:30pm
Saturday	6-8 years	1.5 hour	11:15-12:45pm
Saturday	9 and up	1.5 hour	11:15-12:45pm

Boys Tumblers (5 and up)			
1 hour \$230 1.5 hour \$266			
Monday	5-6 years	1.5 hour (junior)	4:30-6:00pm
Wednesday	5-6 years	1 hour (tiny tumblers)	4:30-5:30pm
Wednesday	6-8 years	1.5 hour	5:30-7:00pm
Wednesday	8 and up	1.5 hour	7:00-8:30pm

Dance & Gym (5 and up), Acro Dance (6 and up)			
1 hour \$230 1.5 hours \$266 2 hours \$326			
Monday	6-8 years	1 hour (beginner acro)	6:00-7:00pm
Monday	9 and up	1 hour (adv. acro)	7:00-8:00pm
Wednesday	5-7 years	1.5 hour	4:30-6:00pm
Wednesday	8 and up	2 hours	6:00-8:00pm
Saturday	5-7 years	1.5 hour	10:00-11:30am

Trampoline with Coach Bill (13+ years)		
1.5 hours \$266		
Thursday	13 and up	6:30-8:00pm

Adult (18+ years)		
1.5 hours \$266		
Monday	18 and up	7:00-8:30pm

Junior Girls, Junior Boys (5-6 years)

Gymnasts have completed the Tiny Tumbler program for more than 2 sessions and have shown readiness for a longer class time. Athletes will work on skills to prepare for Girls/Boys Tumblers class.

Girls/Boys Tumblers (6+) During sessions one and two, our recreational gymnasts will progress through the CANGYM badge program as they acquire skills of increasing difficulty.

Dance & Gym (5+ years) This class combines both gymnastics and half hour of dance. At the end of each session, gymnasts will present a group dance routine. During sessions one and two, gymnasts progress through the CANGYM badge program.

Acro Dance (6+ years) A dance style that seamlessly blends dance and acrobatics. Acro dance technique includes balancing, limbering, tumbling and partnering, based in flexibility, contortion, and strength.

Trampoline with Coach Bill (13+ years) Athletes will work on skills according to their capabilities and level.

Adult Gym (18+ years) Athletes will learn skills according to their fitness level. Suitable for all levels - beginner to experienced!

September						
S	M	T	W	T	F	S
	1	2	3	4	5	6
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

November						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

January						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

March						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

May						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

October						
S	M	T	W	T	F	S
			1	2	3	4
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

December						
S	M	T	W	T	F	S
	1	2	3	4	5	6
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

April						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

June						
S	M	T	W	T	F	S
		1	2	3	4	5
7	8	9	10*	11	12	13
14	15	16	17	18	19	20
21	22*	23	24	25	26	27
28	29	30				

GYM CLOSURES*

Thanksgiving October 12-14
 Christmas Dec 22 - Jan 4
 Family Day February 17
 March Break March 14-22
 Easter April 10-13
 Victoria Day May 16-18

*Please see reverse for policies and insurance info

PA DAY CAMP*

September 27, 2019
 October 25, 2019
 November 29, 2019
 January 31, 2020
 Friday, May 29, 2020
 Friday, June 26, 2020

Session 1 = yellow (12 weeks)
 Session 2 = green (12 weeks)
 Session 3 = orange (10 weeks) *please see schedule posted for Parents Day in June

Session 3 Spring Session all programs work on routines for the Year End Parents Day (no progress reports). Parents Day dates will be posted.